

How to Wash Your Hands Properly

In order to remove germs from your hands, proper hand washing is often sufficient.



When your hands are obviously not dirty, wet them with little water.



Apply enough liquid hand wash.



Spread and rub thoroughly also between your fingers during approx. 30 seconds.



Rinse hands with plenty of water.



Dry hands thoroughly, preferably with a single-use towel.

Don't forget to use a skin protection or skin care product afterwards.